



Sign up for important updates from Mrs. Gray @ Mrs. Z.

Get information for Fun Runs 19/20 right on your phone—not on handouts.

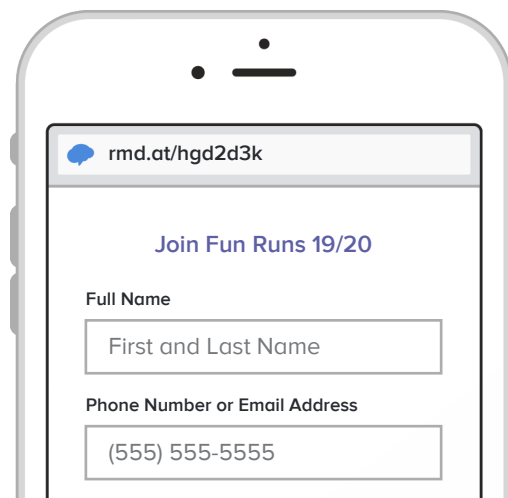
Pick a way to receive messages for Fun Runs 19/20:

A If you have a smartphone, get push notifications.

On your iPhone or Android phone, open your web browser and go to the following link:

rmd.at/hgd2d3k

Follow the instructions to sign up for Remind. You'll be prompted to download the mobile app.



B If you don't have a smartphone, get text notifications.

Text the message [@hgd2d3k](https://t.me/hgd2d3k) to the number **81010**.

If you're having trouble with **81010**, try texting [@hgd2d3k](https://t.me/hgd2d3k) to **(904) 423-8764**.

** Standard text message rates apply.*



Don't have a mobile phone? Go to rmd.at/hgd2d3k on a desktop computer to sign up for email notifications.